



HOW TO CREATE AN EFFECTIVE

Vision Board

Hey, Daughter of God,

the New Year is right around the corner
and I created this just for You!

I know we have goals and desires that we
want to reach and we may not be working
towards them right now, but I want to
inspire you and reveal to you how creating
a vision board can help bring your visions
to life.

I will share with you 3 things.

**What a Vision Board is
Why You Should Have One
& How to Make it Effective**

Let's Get to Creating!

What is a Vision Board?

First a Vision Board is a tool used to help clarify, and concentrate on specific goals.

Any sort of board that displays images, goals, or quotes that represent what you want to be, do or have in your life.



Don't for one moment think it's just a bunch of images on a board. It's actually the better version of you trying to come to life!

How to Make it Effective

1. **You Time:** Take time to sit with your notebook to see what you really want out of this next year, getting everything on paper will help you acknowledge what you truly desire.
2. **Be Honest:** Being honest with your deepest goals and desires, from spirituality, travel, finances, friendships, health, and business endeavors will help you put the correct things on your vision board
3. **Dream Big:** Don't play it safe, but dream big! If you have goals you've never reached this is the time to add it to the list.
4. **Create Your Theme:** After seeing your desires, create a theme to go by all year long that will empower you to go for your dreams.

How to Make it Effective

- 5. Clippings:** Add people, places, events and anything else that will inspire you.
- 6. Verses & Quotes:** Write down your favorite verses and quotes that inspire you. Daily inspiration is needed to reach your goals.
- 7. Find Your Board:** Finding the best board for you depends on your likes. You can get a white thin board, or a push pin board, or any other board (most are cheaper than a dollar).
- 8. Get Crafts:** Now you will grab magazines, or print off images that speak to you, scissors, pens, cardboard, tape, glue sticks, markers, stickers and anything else you can use to deck out your board.

How to Make it Effective

9. **Plan Ahead:** Lay out your images and clippings before you start gluing to the board. This will help you see the overall vision.

10. **Ambience:** Setup up your place with your favorite music and yummy snacks and drinks and have a night of crafting out your vision.

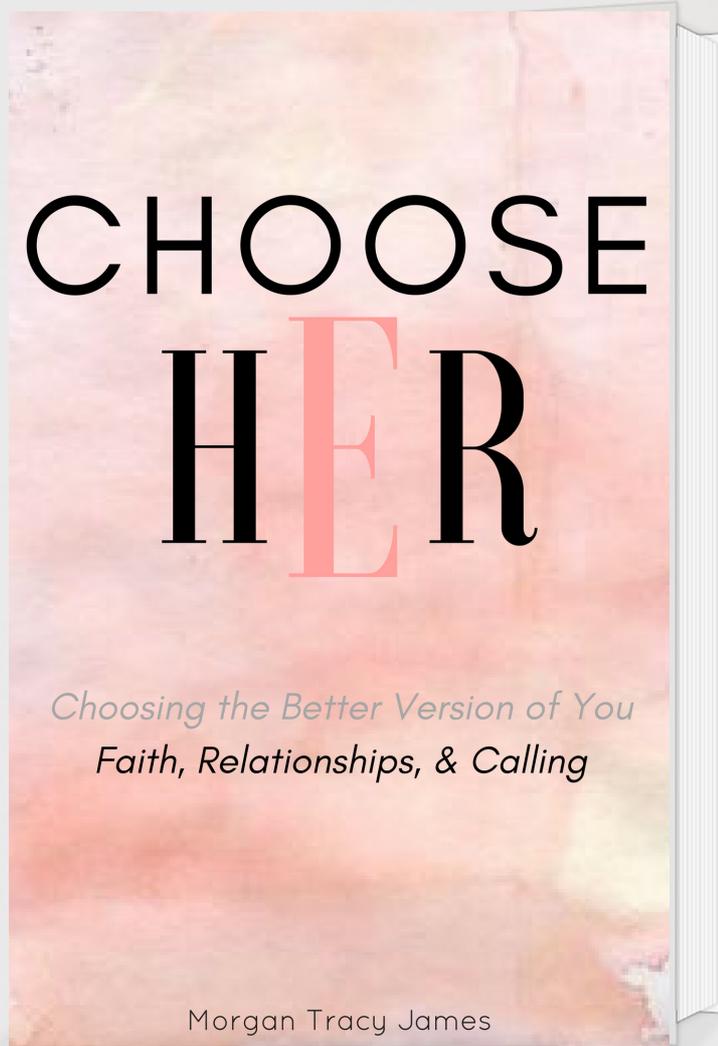
Creation Time:

Set aside a stress-free hour or two and if you like the idea then invite friends or siblings to join in the fun.

Happy Creating!

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Choose Her:

Choosing The Better Version of You!